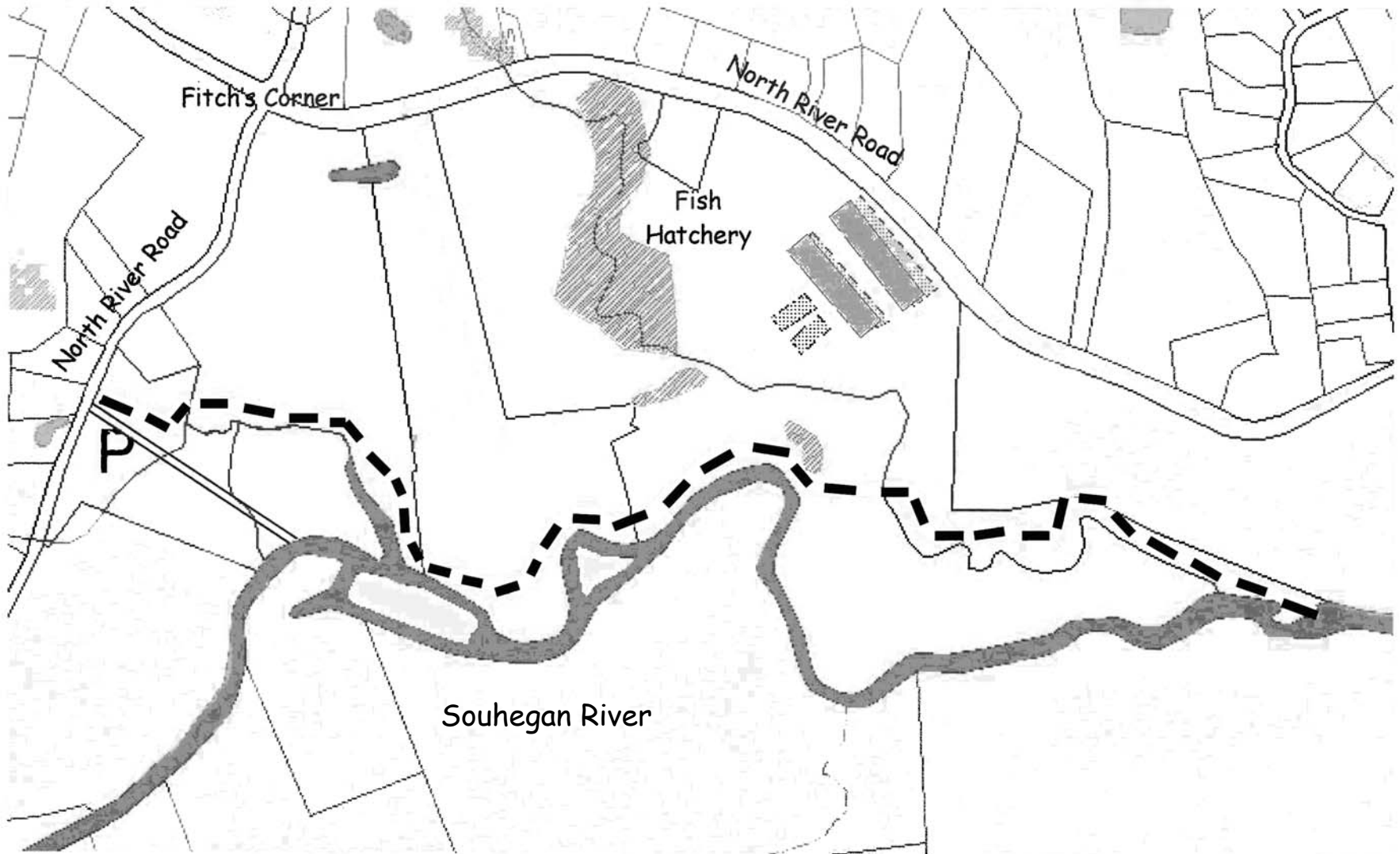


Souhegan River Trail, Milford, NH

Distance: 1.4 mile (round trip)

Vertical Rise: 20'

Map: USGS 7 1/5' Milford



Milford, New Hampshire Trail Maps

Welcome:

The Milford Conservation Commission would like to welcome you to our trail system. The commission now maintains trails in four town forests, Tucker Brook, Hitchiner, Mayflower Hill and the Mile Slip. We also maintain a trail on an abandoned rail bed beginning behind DPW on South Street, as well as a trail on state owned land managed by the New Hampshire Fish & Game Department as a fish hatchery. Please visit us at <http://www.conservation.milfordnh.info/>

Caution:

For your hiking safety and enjoyment and that of hikers who come after you, we encourage responsible hiking. 'Leave nothing but footprints. Take nothing but pictures.' Hunting is allowed in Tucker Brook, Hitchiner and The Mile Slip. Please check with NH Fish & Game at <http://www.wildlife.state.nh.us/> for dates and precautions to take when hiking during hunting season.

Although the woods are relatively safe, there are inherent dangers which could cause injury. Slips, trips, falls, insect bites, branch scrapes, etc. are all very possible in the woods. Pay attention to where you step and to what is in front of you to avoid injury. Hike with a partner whenever possible.

Volunteer:

The Conservation Commission would appreciate receiving reports of any problems you may encounter using its lands or repairs you think need to be done. Please call the Conservation Commission office at 603-249-0628 or send us an email at conservation@milford.nh.gov. If you would like to join us for a work day on the trails please contact us.

Souhegan River Trail

How to get there:

From the Milford Oval take Elm Street west to the intersection with RT. 101, Turn right across the bridge, continue approximately 1/2 mile. Turn right onto a small gravel road. Park on the right.

Trail information:

The Souhegan River Trail meanders thru property owned by the State of New Hampshire. This property is managed by the Fish & Game Department as a fish hatchery. Some of the property, the fields in particular, is leased to local farmers or dairymen and should be treated as private land.

The trail follows the river closely and may be flooded during seasonally high water. There are two bridges spanning small water courses before they enter the Souhegan River.

Follow the white blazes. There are many trails in this area made over the years by children, fishermen and local people walking by the river. Some trails lead to private land, please stay on the designated trail.

You may notice red paint spots and orange ribbons. These have been placed by snow mobilers and are not part of the trail system.